

MINUTES
Senior Services Commission
1/14/25

A. ROLL CALL/PLEDGE OF ALLEGIANCE

At 9:17 a.m., a regular meeting was convened at the Oxnard Joslyn Lawn Bowls Clubhouse, 350 North C Street, Oxnard, CA 93030.

Commissioners present: LaRita Montgomery, Gloria Massey-Chinea, Gloria Postel and Alice Sweetland.

Commissioners absent: Linda Calderon

Staff members present: Marisue Eastlake, Recreation Supervisor; Robert Dennis, Recreation Coordinator; and Pam Morrison, Recreation Manager.

Chairperson Alice Sweetland presided and called the meeting to order at 9:17 a.m.

B. APPROVAL OF MINUTES

1. SUBJECT: Minutes of the meeting of November 12, 2024.

RECOMMENDATION: Approve.

ACTION: Commissioner Gloria Massey-Chinea moved to approve the minutes; Commissioner LaRita Montgomery seconded. Motion passed unanimously.

C. PUBLIC COMMENTS

Commissioner Montgomery invited the public to the Martin Luther King, Jr. Freedom March on January 20. No additional public comments were received.

D. PRESENTATIONS/REPORTS

- a. SUBJECT: Commendation for Sylvia Fulton, recipient of the VCAAA Legacy Award for volunteers.

RECOMMENDATION: That the Senior Service Commission recognize and thank Sylvia Fulton for her service to the community.

DISCUSSION: Chair Sweetland thanked Ms. Fulton for her service, requested a Bone Builders demonstration and then presented her with a commendation on behalf of the Senior Services Commission.

ACTION: Certificate of commendation was presented to Sylvia Fulton.

- b. SUBJECT: Presentation by Caregivers: Volunteers Assisting the Elderly on services available to senior residents in Oxnard.

RECOMMENDATION: That the Senior Service Commission receive and file the presentation.

DISCUSSION: Caregivers did not attend. Presentation rescheduled.

- c. SUBJECT: Report by Chair Sweetland and Commissioner Owens on Ventura County Area Agency on Aging (VCAAA) Advisory Committee business.
RECOMMENDATION: That the Senior Services Commission receive and file the report.
DISCUSSION: Chair Sweetland noted the need for a new advisory council member with Commissioner Owen's retirement. January advisory council meeting was canceled; the next meeting is in February 2025.
ACTION: Report was received.

E. AD-HOC COMMITTEE REPORTS

- a. SUBJECT: Ad-Hoc Committee Report on Technology Education Goal
RECOMMENDATION: That the Senior Services Commission hear a final report on progress on this goal. Members: Commissioners Gloria Massey-Chinea and Chair Sweetland
DISCUSSION: Chair Sweetland reviewed Senior Planet, while Commissioner Massey-Chinea noted CyberSeniors had begun classes at the senior centers.
ACTION: Report received.
- b. SUBJECT: Ad-Hoc Committee Report on Monthly Health Presentation Goal
RECOMMENDATION: That the Senior Services Commission hear a final report on creating a 2025 Monthly Health Presentation calendar. Members: Commissioners Linda Calderon and Commissioners LaRita Montgomery.
DISCUSSION: Commissioner Montgomery and Jorge Cruz shared the 2025 Senior Center monthly presentation schedule.
ACTION: Report received.

Commissioner Gloria Postel arrived at 9:55 a.m.

- c. SUBJECT: Ad-Hoc Committee Report on Center Signage and Accessibility Goal
RECOMMENDATION: That the Senior Services Commission hear a final report on progress made toward signage for Senior Services facilities in Wilson Park. Members: Commissioners Linda Calderon, Commissioners Gloria Postel, and Chair Alice Sweetland.
DISCUSSION: Marisue Eastlake gave updates on signage for Wilson Park facilities. Chair Sweetland requested a sign for the Wilson Center Garden be added.
ACTION: Report was received.

F. COMMISSION BUSINESS

- a. SUBJECT: Goals for 2025.
RECOMMENDATION: That the Senior Services Commission discuss potential new goals for 2025.
DISCUSSION: Among the potential new goals discussed were:
- Phase 2 of Technology Education, assessing classes and future needs

- Health presentation committee, researching contacts for monthly presentations
- Senior housing, creating a resource list of senior housing locations
- Phase 2 of Senior Services signage, designing and advocating for signs at senior centers

G. REPORT OF THE COMMISSION SECRETARY

SUBJECT: Report from Staff on Senior Services Programs and Events.

RECOMMENDATION: That the Senior Services Commission receive and file the report.

Jorge Cruz shared Senior Nutrition meal counts: November had 1,765 home-delivered and 1,558 congregate meals while December had 1,795 home-delivered and 1,700 congregate meals. He highlighted special senior events for the holiday seasons, including a Thanksgiving celebration, Golden Future Expo, Senior Holiday Celebration, and participation in the Christmas Parade & Tamale Festival.

Chair Sweetland departed at 11:23 am.

Robert Dennis reported on Bone Builders and TCMBB activities including a new Bone Builders class in east Ventura. Marisue Eastlake announced increased Seniors in Motion marketing and new funding for Senior Nutrition. A National Recreation and Parks Association grant will bring new tai chi classes. The Wilson Rose Garden pergola has been deemed unsafe and will be torn down. She updated commissioners on ARPA projects.

8. COMMISSIONER COMMENTS

No comments from Commissioners.

9. ITEMS FOR FUTURE CONSIDERATION

Commissioners requested including 2025 goals on the next agenda.

10. ADJOURNMENT

At 11:47 a.m., Commissioner Gloria Postel moved to adjourn and Commissioner Gloria Massey-Chinea seconded. The motion passed unanimously.


Marisue Eastlake, Secretary


Alice Sweetland, Chairperson