

MINUTES
Senior Services Commission
3/11/25

A. ROLL CALL/PLEDGE OF ALLEGIANCE

At 9:04 a.m. a regular meeting was convened at the Oxnard Joslyn Lawn Bowls Clubhouse, 350 North C Street, Oxnard, CA 93030.

Commissioners present: Gloria Massey-Chinea Linda Calderon, Gloria Postel and Alice Sweetland.

Commissioners absent: LaRita Montgomery

Staff members present: Marisue Eastlake, Recreation Supervisor; Jorge Cruz; Recreation Coordinator; and Robert Dennis, Recreation Coordinator.

Chairperson Alice Sweetland presided and called the meeting to order at 9:04 a.m.

B. APPROVAL OF MINUTES

1. SUBJECT: Minutes of the meeting of February 11, 2025.

RECOMMENDATION: Approval of prior meeting minutes.

ACTION: Commissioner Calderon noted a misspelling and Commissioner Massey-Chinea corrected the spelling of her name in one section. Commissioner Postel moved to approve the minutes with the noted corrections; Commissioner Massey-Chinea seconded. Motion passed unanimously.

LaRita Montgomery arrived at 9:08 a.m.

C. PUBLIC COMMENTS

Chair Sweetland noted she would leave early and Vice Chair Montgomery would lead the remainder of the meeting. She also reported on a recent symposium on dementia.

D. PRESENTATIONS/REPORTS

SUBJECT: Report by Chair Sweetland on Ventura County Area Agency on Aging (VCAAA) Advisory Committee business.

RECOMMENDATION: That the Senior Services Commission receive and file the report.

DISCUSSION: Chair Sweetland discussed the Ventura County Area Agency on Aging and the Senior Nutrition Program. She noted the agency's offices were being relocated.

E. AD-HOC COMMITTEE REPORTS

- a. SUBJECT: Ad-Hoc Committee Report on Technology Education Goal

RECOMMENDATION: That the Senior Services Commission receive and file the report on the progress of the Cyber Senior program. Members: Commissioners Gloria Massey-Chinea and Gloria Postel.

DISCUSSION: Commissioner Massey-Chinea and Commissioner Postel discussed and made suggestions for future Cyber Seniors sessions.

ACTION: Report was received.

Chair Sweetland left the meeting at 9:32 a.m.

- a. SUBJECT: Ad-Hoc Committee Report on Center Signage and Accessibility Goal
RECOMMENDATION: That the Senior Services Commission receive and file the report on draft signage for Senior Services facilities at the South Oxnard Center. Members: Commissioner Linda Calderon and Gloria Postel.
DISCUSSION: Commissioners Calderon and Postel discussed lack of signage and potential placement of same.
ACTION: Report was received.
- b. SUBJECT: Ad-Hoc Committee Report on Creation of Senior Housing List Goal
RECOMMENDATION: That the Senior Services Commission receive and discuss standardized questions for gathering housing information. Commissioner Gloria Postel and Chair Alice Sweetland.
DISCUSSION: Commissioner Postel reported no current action on this item at this time.
ACTION: Report was received.
- c. SUBJECT: Ad-Hoc Committee Report on Monthly Health Presentation Goal
RECOMMENDATION: That the Senior Services Commission receive a report on monthly health presentation speakers and the evaluation form selected. Goal Members: Commissioner Linda Calderon and LaRita Montgomery
DISCUSSION: Commissioner Calderon spoke about a recent event at South Oxnard Center regarding diabetes.
ACTION: Report was received.
- e. SUBJECT: Ad-Hoc Committee Report on Developing an Annual Report
RECOMMENDATION: That the Senior Services Commission receive a report and take suggestions on items to be included in the Commission's annual report to the City Council. Members: Commissioner Gloria Massey-Chinea and Chair Alice Sweetland.
DISCUSSION: Commissioner Massey-Chinea noted she and Chair Sweetland had a meeting scheduled to discuss the report.
ACTION: Report was received.

E. REPORT OF THE COMMISSION SECRETARY

1. SUBJECT: Report from Staff on Senior Services Programs and Events for February and March.
RECOMMENDATION: That the Senior Services Commission receive and file the report.
Jorge Cruz reported that 1,870 home-delivered meals and 1,752 congregate meals were served in February. He highlighted upcoming Senior Services events,

including AARP Tax Prep, evening yoga sessions starting in April, Read Across America Week, an upcoming Master Gardener Talk, and St. Patrick's Day celebrations at all senior centers.

Robert Dennis provided updates on Bone Builders and Tai Chi: Moving for Better Balance (TCMBB), noting a New Bone Builders Instructor Training and In-Service Training.

Marisue Eastlake shared that the RSVP grant sunsets on March 31, with a tentative no-cost extension under review. The RSVP Annual Appreciation Luncheon is being planned. Senior Nutrition received additional county funding. An accessible ramp is being installed at the Wilson Arts Building.

G. COMMISSIONER COMMENTS

Commissioner Massey-Chinea recommended the development of a Senior Services Annual Report. Commissioner Calderon inquired about AARP grant opportunities. Commissioner Montgomery noted an upcoming 100th birthday for an Oxnard community member.

H. ITEMS FOR FUTURE CONSIDERATION

Commissioner Postel proposed discussing adjusting the Senior Services Commission's start time.

I. ADJOURNMENT

At 11:02 a.m., Commissioner Calderon moved to adjourn and Commissioner Massey-Chinea seconded. The motion passed unanimously.


Marisue Eastlake, Secretary


Alice Sweetland, Chairperson