

AGENDA
Senior Services Commission
Regular Meeting
Oxnard Joslyn Lawn Bowls Clubhouse, 350 N. C Street
February 14, 2023
9:00 a.m.

To join remotely, click on the link below:

<https://us06web.zoom.us/j/86961712748?pwd=RnJUb2h1VzRaVng1WjlaNIU0dFFSQT09>

Or telephone (toll-free): 888 475 4499

Meeting ID: 869 6171 2748

Passcode: 370380

If you wish to speak during public comments or a particular item on the agenda, please sign-on by following the zoom call in steps listed above. Once the Chair calls for public speakers, press *9 to raise your hand, or if online, click the raise hand icon in the Zoom interface to inform the Chair you would like to speak during the public speaking section for that particular item on the agenda.

YOU MAY PARTICIPATE IN THE MEETING IN THE FOLLOWING WAYS:

1. ATTEND THE MEETING AT THE LOCATION LISTED ABOVE OR VIA ZOOM
 2. EMAIL COMMENTS OR REQUESTS TO SPEAK BEFORE THE MEETING
 - a. Submit a request to speak no later than 9:00 a.m. on the day of the meeting by contacting the Commission Secretary Renee Rakestraw at renee.rakestraw@oxnard.org. Please indicate the agenda item number in the subject line.
 3. PROVIDING PUBLIC COMMENTS REMOTELY DURING THE MEETING
 - a. To provide a public comment during the meeting dial 805.385.8019 and enter the Meeting ID and Passcode listed above as the Zoom details for this meeting. When the Chair announces the particular item on the agenda you want to speak on, press *9 to raise your hand. Once called on, press *6 to unmute your phone.
 - b. Public comments on agenda items will be taken following the announcement of the item. After the item is announced, members of the public shall have three minutes to register or otherwise be recognized for the purpose of providing public comment.
- A. ROLL CALL/PLEDGE OF ALLEGIANCE
- B. CEREMONIAL ITEM
1. SUBJECT: Presentation of a Certificate recognizing Sam's Club volunteer and clean-up efforts at Wilson Rose Garden.
 2. SUBJECT: Presentation of a Certificate recognizing Home Instead's support of the gift giving efforts to home-bound participants in the Senior Nutrition Program.
- C. APPROVAL OF MINUTES
1. SUBJECT: Minutes of the meeting of January 10, 2022.
RECOMMENDATION: Approve.
- D. PUBLIC COMMENTS

At a regular meeting, a person may address the Senior Services Commission only on matters within the subject matter jurisdiction of the Commission. The presiding officer shall limit public comments to three minutes. The Commission cannot enter into detailed discussion or take action on any item presented during public comments not on the agenda. Such items may only be referred to the Commission Secretary for administrative action or

In compliance with the Americans with Disabilities Act, if you require special assistance to participate in a meeting, please contact Renee Rakestraw at 805-385-8019. Notification at least 72 hours prior to the meeting will enable the City to reasonably arrange for your accessibility to the meeting.

scheduled on a subsequent agenda for discussion. Unless otherwise approved by the Commission, persons wishing to speak on items not on the agenda should do so during public comments.

E. PRESENTATIONS/REPORTS

1. SUBJECT: Selection of Chair and Vice Chair.
RECOMMENDATION: That the Senior Services Commission appoint a Chair and Vice Chair each for a one year term.
2. SUBJECT: Report by Staff on Senior Services Programs and Events
RECOMMENDATION: That the Senior Services Commission receive and file the report.
3. SUBJECT: Report by Commissioner Sweetland and Commissioner Owens on Ventura County Area Agency on Aging Advisory Committee Business
RECOMMENDATION: That the Senior Services Commission receive and file the report.
4. SUBJECT: 2023 Commission Goals
RECOMMENDATION: That the Senior Services Commission discuss and set goals for 2023.

F. AD-HOC COMMITTEE REPORTS

1. SUBJECT: Report on the Commission Goal to Build a New State of the Art Senior Center
RECOMMENDATION: That the Senior Services Commission receive and file the report from the New Senior Center Ad-Hoc Committee.

G. REPORT OF THE COMMISSION SECRETARY

The Commission Secretary shall report on items of interest to the Commission occurring since the last meeting. The Commission cannot enter into detailed discussion or take action on any items presented during this report. Such items may only be referred to the Secretary for administrative action or scheduled on a subsequent agenda for discussion.

H. COMMISSIONER COMMENTS

Commissioners may individually report on items of interest or concern outside of Ad Hoc Committee reports. The Commission cannot enter into detailed discussion or take action on any item presented during these reports. The Commissioner's report shall not exceed three minutes.

I. ITEMS FOR FUTURE CONSIDERATION

Commissioners may request that items be placed on future agendas for extended discussion.

J. ADJOURNMENT

MINUTES
Senior Services Commission
1/10/23

A. ROLL CALL/PLEDGE OF ALLEGIANCE

At 9:05 a.m. a regular meeting was convened in the Oxnard Joslyn Lawn Bowls Clubhouse, 350 N. C Street, Oxnard.

Commissioners present: Gloria Massey Chinae, LaRita Montgomery, Jeffrey Nevitt, Clark Owens, Alice Sweetland.

Commissioners absent: None.

Staff members present: Jorge Cruz, Recreation Coordinator; Marisue Eastlake, Recreation Supervisor; Matthew O'Neill, Recreation Coordinator; and Renee Rakestraw, Cultural and Community Services Department Assistant Director.

Chairperson Alice Sweetland presided and called the meeting to order.

B. APPROVAL OF MINUTES

1. SUBJECT: Minutes of the meeting of November 8, 2022.

RECOMMENDATION: Approve.

ACTION: Commissioner Owens moved approval as recommended. Commissioner Montgomery seconded and the motion carried unanimously.

C. PUBLIC COMMENTS

No public comments.

D. REPORTS

1. SUBJECT: Senior Services Programs and Events

RECOMMENDATION: Receive update.

DISCUSSION: Recreation Coordinator Cruz shared December Senior Nutrition Program numbers: 2,085 home delivered meals and 1,078 congregate meals. He reported that Colonia Senior Center started serving senior nutrition congregate meals this month, with 33 current participants. Home Instead provide over 140 gifts which staff distributed to home delivered meal participants. Over 130 seniors enjoyed the annual holiday party. There is a senior excursion going to the Getty Center this month. Staff is working to bring Food Share senior food kits to both Colonia and Wilson senior centers. There will be a Valentine's Day party on 2/14.

Recreation Coordinator O'Neill shared the annual RSVP Bone Builders Holiday Gathering was a success. Seven potential new instructors were trained late last year, and over 20 current instructors are registered for a refresher course later this month. He is working

with the TCMBB master trainers to create a training schedule. There are two volunteers currently serving at partner agency Caregivers with the CHAT program.

ACTION: Update was received.

2. SUBJECT: 2023 Senior Services Commission Meeting Calendar

RECOMMENDATION: Receive update.

DISCUSSION: Meetings this year are scheduled for the second Tuesday of each month at the Oxnard Joslyn Lawn Bowls Clubhouse. Commissioner Sweetland suggested moving the March meeting to the South Oxnard Center and the June meeting to Colonia Senior Center.

ACTION: Commissioner Owens moved approval with suggested changes. Commissioner Montgomery seconded and the motion carried unanimously.

3. SUBJECT: 2023 Commission Goals

RECOMMENDATION: Receive update.

DISCUSSION: Assistant Director Rakestraw reviewed Citizen Advisory Group bylaws including the powers and duties of commissioners. She then shared the Recreation and Community Services mission statement and went over 2022 accomplishments.

Commissioners were asked to reflect on a number of areas, including the purpose of senior services and important activities, before the next Commission meeting, and return with three to five goals they would like the group to achieve in the coming years.

ACTION: Update was received.

E. AD-HOC COMMITTEE REPORTS

1. Ventura County Area Agency on Aging: Commissioner Sweetland reviewed the organization's selected Legacy Award recipients.

2. New Senior Center: Assistant Director Rakestraw said a second meeting with VCCF and State Assemblyman Steve Bennett is in the planning stages. Commissioner Owens said the group continues to look for board members.

F. REPORT OF THE COMMISSION SECRETARY

The Commission Secretary informed commissioners they are scheduled to bring their annual report to the City Council in May, along with receiving a declaration that May is Older Americans Month.

G. COMMISSIONER COMMENTS

1. Commissioner Sweetland advocated fellow commissioners visit the City's senior centers and connect with seniors there. She reviewed a 100th birthday presentation made to an Oxnard senior in December.

H. ITEMS FOR FUTURE CONSIDERATION

1. Commissioner Sweetland: Recognize Home Instead for providing Christmas gifts for home delivered meal recipients and Sam's Club employees for cleaning Wilson Park.

2. Commissioner Massey Chinae: Discussed the public's need for information on alternatives when discharged from a hospital or other life circumstances that require extra care.

I. ADJOURNMENT

At 10:47, Commissioner Owens moved the meeting adjourn. Commissioner Montgomery seconded, and the motion carried unanimously.

Renee Rakestraw, Secretary

Alice Sweetland, Chairperson