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AGENDA
Senior Services Commission
Regular Meeting
Oxnard Joslyn Lawn Bowls Clubhouse, 350 N. C Street
June 13, 2023
9:00 a.m.

To join remotely, click on the link below:

<https://us06web.zoom.us/j/82077376284?pwd=dHZkajd4aGVzcFQwUDZGMWx0bVpIU09>

Or telephone (toll-free): 888 475 4499

Meeting ID: 820 7737 6284

Passcode: 500443

If you wish to speak during public comments or a particular item on the agenda, please sign-on by following the zoom call in steps listed above. Once the Chair calls for public speakers, press *9 to raise your hand, or if online, click the raise hand icon in the Zoom interface to inform the Chair you would like to speak during the public speaking section for that particular item on the agenda.

YOU MAY PARTICIPATE IN THE MEETING IN THE FOLLOWING WAYS:

1. ATTEND THE MEETING AT THE LOCATION LISTED ABOVE OR VIA ZOOM
2. EMAIL COMMENTS OR REQUESTS TO SPEAK BEFORE THE MEETING
 - a. Submit a request to speak no later than 9:00 a.m. on the day of the meeting by contacting the Commission Secretary Renee Rakestraw at renee.rakestraw@oxnard.org. Please indicate the agenda item number in the subject line.
3. PROVIDING PUBLIC COMMENTS REMOTELY DURING THE MEETING
 - a. To provide a public comment during the meeting dial 805.385.8019 and enter the Meeting ID and Passcode listed above as the Zoom details for this meeting. When the Chair announces the particular item on the agenda you want to speak on, press *9 to raise your hand. Once called on, press *6 to unmute your phone.
 - b. Public comments on agenda items will be taken following the announcement of the item. After the item is announced, members of the public shall have three minutes to register or otherwise be recognized for the purpose of providing public comment.

A. ROLL CALL/PLEDGE OF ALLEGIANCE

B. APPROVAL OF MINUTES

1. SUBJECT: Minutes of the meeting of May 9, 2023.
RECOMMENDATION: Approve.

C. PUBLIC COMMENTS

At a regular meeting, a person may address the Senior Services Commission only on matters within the subject matter jurisdiction of the Commission. The presiding officer shall limit public comments to three minutes. The Commission cannot enter into detailed discussion or take action on any item presented during public comments not on the agenda. Such items may only be referred to the Commission Secretary for administrative action or

In compliance with the Americans with Disabilities Act, if you require special assistance to participate in a meeting, please contact Renee Rakestraw at 805-385-8019. Notification at least 72 hours prior to the meeting will enable the City to reasonably arrange for your accessibility to the meeting.

scheduled on a subsequent agenda for discussion. Unless otherwise approved by the Commission, persons wishing to speak on items not on the agenda should do so during public comments.

D. PRESENTATIONS/REPORTS

1. SUBJECT: Report by Staff on Senior Services Programs and Events
RECOMMENDATION: That the Senior Services Commission receive and file the report.
2. SUBJECT: Report by Commissioner Sweetland and Commissioner Owens on Ventura County Area Agency on Aging Advisory Committee Business
RECOMMENDATION: That the Senior Services Commission receive and file the report.
3. SUBJECT: 2023 Commission Goals
RECOMMENDATION: That the Senior Services Commission discuss and set goals for 2023.
4. SUBJECT: Senior Services Partner Agency Grants
RECOMMENDATION: That the Senior Services Commission discuss advising Oxnard City Council to bring back the Partner Agency Grants for local Senior Services Agencies.

E. REPORT OF THE COMMISSION SECRETARY

The Commission Secretary shall report on items of interest to the Commission occurring since the last meeting. The Commission cannot enter into detailed discussion or take action on any items presented during this report. Such items may only be referred to the Secretary for administrative action or scheduled on a subsequent agenda for discussion.

F. COMMISSIONER COMMENTS

Commissioners may individually report on items of interest or concern outside of Ad Hoc Committee reports. The Commission cannot enter into detailed discussion or take action on any item presented during these reports. The Commissioner's report shall not exceed three minutes.

G. ITEMS FOR FUTURE CONSIDERATION

Commissioners may request that items be placed on future agendas for extended discussion.

H. ADJOURNMENT

MINUTES
Senior Services Commission
5/9/23

A. ROLL CALL/PLEDGE OF ALLEGIANCE

At 9:05 a.m., a regular meeting was convened in the Oxnard Joslyn Lawn Bowls Clubhouse, 350 N. C Street, Oxnard.

Commissioners present: Gloria Massey Chinae, LaRita Montgomery (virtual), Jeffrey Nevitt, Alice Sweetland.

Commissioners absent: Clark Owens.

Commissioner Nevitt moved, Commissioner Massey Chinae seconded allowing emergency virtual participation in the meeting.

Staff members present: Marisue Eastlake, Recreation Supervisor; Matthew O'Neill, Recreation Coordinator; and Renee Rakestraw, Cultural and Community Services Department Assistant Director.

Chairperson Alice Sweetland presided and called the meeting to order.

B. APPROVAL OF MINUTES

1. SUBJECT: Minutes of the meeting of April 11, 2023.

RECOMMENDATION: Approve.

ACTION: Commissioner Nevitt moved approval as recommended. Commissioner Massey Chinae seconded and the motion carried unanimously.

C. PUBLIC COMMENTS

No public comments.

D. PRESENTATIONS/REPORTS

1. SUBJECT: Report by Staff on Senior Services Programs and Events

RECOMMENDATION: Receive and file the report.

DISCUSSION: Recreation Coordinator Matt O'Neill reported Bone Builders held a refresher training for existing instructors in April. The latest TCMBB training produced four more instructor trainees. The next training is in September. World Tai Chi Day was a success with about 50 attendees joining in at East Park. RSVP has added Neuroboxing as its latest partner agency. The annual RSVP Volunteer Recognition Luncheon was held last month, with the theme RSVP Takes Flight.

Recreation Supervisor Eastlake shared Senior Nutrition Program numbers: In April, 1,956 congregate meals and 1,955 home-delivered meals were provided. Seven seniors went to the Maritime Museum for April's excursion. The May excursion, which is already fully booked, will explore the Montecito Farmers Market. Eastlake also discussed a 100th birthday celebration and successful Cinco de Mayo dance. Each center will celebrate Mother's Day with their own special treat. ACTION: Reports were received.

2. SUBJECT: Report by Commissioner Sweetland and Commissioner Owens on Ventura County Area Agency on Aging Advisory Committee Business
RECOMMENDATION: Receive and file report.
DISCUSSION: Commissioner Sweetland reminded Commissioners about a summit on Thursday about the county's Aging Master Plan. She reported on the merger of the Ventura County Area Agency on Aging with the county's Human Services Agency.
ACTION: Report was received.
3. SUBJECT: 2023 Commission Goals
RECOMMENDATION: Discuss and set goals for 2023.
DISCUSSION: Assistant Director Rakestraw reviewed Commissioners' four approved 2023 goals. They started developing action plans for the goal of establishing a walking program (subcommittee of Commissioners Sweetland and Massey Chinae) and a second goal of establishing a health education program (subcommittee of Commissioners Nevitt and Montgomery). They will work on action plans for technology and program evaluation at their next meeting.
ACTION: No vote was taken.
4. SUBJECT: Senior Services Partner Agency Grants
RECOMMENDATION: Discuss advising the Oxnard City Council to bring back the Partner Agency Grants for local Senior Services Agencies.
DISCUSSION: Assistant Director Rakestraw reviewed the history of the grants, which most recently made \$44,600 available to area non-profits serving Oxnard's senior community. Commissioners discussed potential action.
ACTION: Commissioners Sweetland and Massey Chinae will meet to create a memo asking the City Council to reinstate grant funding.

E. AD-HOC COMMITTEE REPORTS

1. SUBJECT: Report on the Commission Goal to Build a New State of the Art Senior Center
RECOMMENDATION: Receive and file the report.
DISCUSSION: Commissioner Nevitt suggested removing the committee report until a time when funding may be available and the project can move forward.

F. REPORT OF THE COMMISSION SECRETARY

The Commission Secretary reviewed staff assignments and reminded Commissioners about the VCAAA Aging Summit.

G. COMMISSIONER COMMENTS

Commissioner Sweetland discussed 100th birthday celebrations.

H. ITEMS FOR FUTURE CONSIDERATION

Commissioner Sweetland asked for the Commission goals and reinstating partner agency grants to be placed on a future agenda.

I. ADJOURNMENT

At 11:15 a.m. Commissioner Nevitt moved and Commissioner Massey Chinae seconded adjournment. The motion passed unanimously.

Renee Rakestraw, Secretary

Alice Sweetland, Chairperson