

MINUTES ^{PR}
Senior Services Commission
1/10/23

A. ROLL CALL/PLEDGE OF ALLEGIANCE

At 9:05 a.m. a regular meeting was convened in the Oxnard Joslyn Lawn Bowls Clubhouse, 350 N. C Street, Oxnard.

Commissioners present: Gloria Massey Chinae, LaRita Montgomery, Jeffrey Nevitt, Clark Owens, Alice Sweetland.

Commissioners absent: None.

Staff members present: Jorge Cruz, Recreation Coordinator; Marisue Eastlake, Recreation Supervisor; Matthew O'Neill, Recreation Coordinator; and Renee Rakestraw, Cultural and Community Services Department Assistant Director.

Chairperson Alice Sweetland presided and called the meeting to order.

B. APPROVAL OF MINUTES

1. SUBJECT: Minutes of the meeting of November 8, 2022.

RECOMMENDATION: Approve.

ACTION: Commissioner Owens moved approval as recommended. Commissioner Montgomery seconded and the motion carried unanimously.

C. PUBLIC COMMENTS

No public comments.

D. REPORTS

1. SUBJECT: Senior Services Programs and Events

RECOMMENDATION: Receive update.

DISCUSSION: Recreation Coordinator Cruz shared December Senior Nutrition Program numbers: 2,085 home delivered meals and 1,078 congregate meals. He reported that Colonia Senior Center started serving senior nutrition congregate meals this month, with 33 current participants. Home Instead provide over 140 gifts which staff distributed to home delivered meal participants. Over 130 seniors enjoyed the annual holiday party. There is a senior excursion going to the Getty Center this month. Staff is working to bring Food Share senior food kits to both Colonia and Wilson senior centers. There will be a Valentine's Day party on 2/14.

Recreation Coordinator O'Neill shared the annual RSVP Bone Builders Holiday Gathering was a success. Seven potential new instructors were trained late last year, and over 20 current instructors are registered for a refresher course later this month. He is working

with the TCMBB master trainers to create a training schedule. There are two volunteers currently serving at partner agency Caregivers with the CHAT program.
ACTION: Update was received.

2. SUBJECT: 2023 Senior Services Commission Meeting Calendar
RECOMMENDATION: Receive update.
DISCUSSION: Meetings this year are scheduled for the second Tuesday of each month at the Oxnard Joslyn Lawn Bowls Clubhouse. Commissioner Sweetland suggested moving the March meeting to the South Oxnard Center and the June meeting to Colonia Senior Center.
ACTION: Commissioner Owens moved approval with suggested changes. Commissioner Montgomery seconded and the motion carried unanimously.
3. SUBJECT: 2023 Commission Goals
RECOMMENDATION: Receive update.
DISCUSSION: Assistant Director Rakestraw reviewed Citizen Advisory Group bylaws including the powers and duties of commissioners. She then shared the Recreation and Community Services mission statement and went over 2022 accomplishments. Commissioners were asked to reflect on a number of areas, including the purpose of senior services and important activities, before the next Commission meeting, and return with three to five goals they would like the group to achieve in the coming years.
ACTION: Update was received.

E. AD-HOC COMMITTEE REPORTS

1. Ventura County Area Agency on Aging: Commissioner Sweetland reviewed the organization's selected Legacy Award recipients.
2. New Senior Center: Assistant Director Rakestraw said a second meeting with VCCF and State Assemblyman Steve Bennett is in the planning stages. Commissioner Owens said the group continues to look for board members.

F. REPORT OF THE COMMISSION SECRETARY

The Commission Secretary informed commissioners they are scheduled to bring their annual report to the City Council in May, along with receiving a declaration that May is Older Americans Month.

G. COMMISSIONER COMMENTS

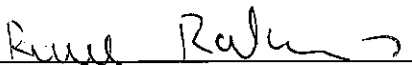
1. Commissioner Sweetland advocated fellow commissioners visit the City's senior centers and connect with seniors there. She reviewed a 100th birthday presentation made to an Oxnard senior in December.

H. ITEMS FOR FUTURE CONSIDERATION

1. Commissioner Sweetland: Recognize Home Instead for providing Christmas gifts for home delivered meal recipients and Sam's Club employees for cleaning Wilson Park.
2. Commissioner Massey Chinaea: Discussed the public's need for information on alternatives when discharged from a hospital or other life circumstances that require extra care.

I. ADJOURNMENT

At 10:47, Commissioner Owens moved the meeting adjourn. Commissioner Montgomery seconded, and the motion carried unanimously.


Renee Rakestraw, Secretary


Alice Sweetland, Chairperson