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AGENDA
Senior Services Commission
Regular Meeting
Oxnard Joslyn Lawn Bowls Clubhouse, 350 N. C Street
February 13, 2024
9:00 a.m.

To join remotely, click on the link below:

Please click the link below to join the webinar:

https://us06web.zoom.us/j/81702270611?pwd=gjaRU9rHAZVEyVYU5kqxss5tepd1DQ.xBED1_V5qlEbzAjC

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Dial(for higher quality, dial a number based on your current location):

888 475 4499 US Toll Free

Webinar ID: 817 0227 0611

Passcode: 950520

If you wish to speak during public comments or a particular item on the agenda, please sign-on by following the zoom call in steps listed above. Once the Chair calls for public speakers, press *9 to raise your hand, or if online, click the raise hand icon in the Zoom interface to inform the Chair you would like to speak during the public speaking section for that particular item on the agenda.

YOU MAY PARTICIPATE IN THE MEETING IN THE FOLLOWING WAYS:

1. ATTEND THE MEETING AT THE LOCATION LISTED ABOVE OR VIA ZOOM
2. EMAIL COMMENTS OR REQUESTS TO SPEAK BEFORE THE MEETING
 - a. Submit a request to speak no later than 9:00 a.m. on the day of the meeting by contacting the Commission Secretary Marisue Eastlake at marisue.eastlake@oxnard.org. Please indicate the agenda item number in the subject line.
3. PROVIDING PUBLIC COMMENTS REMOTELY DURING THE MEETING
 - a. To provide a public comment during the meeting dial (888) 475-4499 and enter the Meeting ID and Passcode listed above as the Zoom details for this meeting. When the Chair announces the particular item on the agenda you want to speak on, press *9 to raise your hand. Once called on, press *6 to unmute your phone.
 - b. Public comments on agenda items will be taken following the announcement of the item. After the item is announced, members of the public shall have three minutes to register or otherwise be recognized for the purpose of providing public comment.

A. ROLL CALL/PLEDGE OF ALLEGIANCE

B. APPROVAL OF MINUTES

1. **SUBJECT:** Minutes of the meeting of January 9, 2024.
RECOMMENDATION: Approve.

In compliance with the Americans with Disabilities Act, if you require special assistance to participate in a meeting, please contact Marisue Eastlake at 805-385-8019. Notification at least 72 hours prior to the meeting will enable the City to reasonably arrange for your accessibility to the meeting.

C. PUBLIC COMMENTS

At a regular meeting, a person may address the Senior Services Commission only on matters within the subject matter jurisdiction of the Commission. The presiding officer shall limit public comments to three minutes. The Commission cannot enter into detailed discussion or take action on any item presented during public comments not on the agenda. Such items may only be referred to the Commission Secretary for administrative action or scheduled on a subsequent agenda for discussion. Unless otherwise approved by the Commission, persons wishing to speak on items not on the agenda should do so during public comments.

D. PRESENTATIONS/REPORTS

1. SUBJECT: Recognition of Oxnard Police Officers for the special holiday event they organized at the Colonia Senior Center
RECOMMENDATION: That the Senior Services Commission recognize Oxnard Police Officers for their support of the Colonia Senior Center, and their organization of special activities during the holiday season.
2. SUBJECT: Recognition of Jeff Nevitt for years of Senior Services Commission service
RECOMMENDATION: That the Senior Services Commission recognize and thank Jeff Nevitt for his service to the community.
3. SUBJECT: Report by Commissioner Sweetland and Commissioner Owens on Ventura County Area Agency on Aging (VCAAA) Advisory Committee Business
RECOMMENDATION: That the Senior Services Commission receive and file the report.

E. COMMISSION BUSINESS

1. SUBJECT: Signage and Entrances at Oxnard Senior Centers
RECOMMENDATION: That the Senior Services Commission discuss signage and ingress/egress to Oxnard senior centers.
2. SUBJECT: Adoption of 2024 Goals
RECOMMENDATION: That Senior Services Commissioners discuss continuing focus on 2023 Commission Goals and approve 2024 Commission Goals.
3. SUBJECT: New Senior Center
RECOMMENDATION: That the Senior Services Commissioners review progress on building a new senior center and ORCAS activities.

F. AD-HOC COMMITTEE REPORTS

1. SUBJECT: Ad-Hoc Committee Reports on 2023 Commission Goals
RECOMMENDATION: That the Senior Services Commission receive and discuss ad-hoc committee reports on carrying out Commission goals.

G. REPORT OF THE COMMISSION SECRETARY

The Commission Secretary shall report on items of interest to the Commission occurring since the last meeting. The Commission cannot enter into detailed discussion or take action on any items presented during this report. Such items may only be referred to the Secretary for administrative action or scheduled on a subsequent agenda for discussion.

1. SUBJECT: Report from Staff on Senior Services Programs
RECOMMENDATION: That the Senior Services Commission receive and file the report.

2. SUBJECT: Report from Staff on Past and Upcoming Senior Services Events
RECOMMENDATION: That the Senior Services Commission receive and file the report.

H. COMMISSIONER COMMENTS

Commissioners may individually report on items of interest or concern outside of Ad Hoc Committee reports. The Commission cannot enter into detailed discussion or take action on any item presented during these reports. The Commissioner's report shall not exceed three minutes.

I. ITEMS FOR FUTURE CONSIDERATION

Commissioners may request that items be placed on future agendas for extended discussion.

ADJOURNMENT

MINUTES
Senior Services Commission
1/9/24

A. ROLL CALL/PLEDGE OF ALLEGIANCE

At 9:07 a.m., a regular meeting was convened in the Oxnard Joslyn Lawn Bowls Clubhouse, 350 N. C Street, Oxnard.

Commissioners present: Linda Calderon, Gloria Massey Chinae , LaRita Montgomery, Alice Sweetland, Naomi Ontiveros, Clark Owens

Commissioners absent: none

Staff members present: Jorge Cruz, Recreation Coordinator; Matthew O'Neill, Recreation Coordinator; Marisue Eastlake, Recreation Supervisor; Pam Morrison, Cultural and Community Services Manager.

Chairperson Alice Sweetland presided and called the meeting to order.

B. APPROVAL OF MINUTES

1. SUBJECT: Minutes of the meeting of November 14, 2024.

RECOMMENDATION: Approve.

ACTION: Commissioner Massey Chinae moved for approval of the minutes; Commissioner Montgomery seconded. Motion carried unanimously.

C. PUBLIC COMMENTS

No Comments

D. PRESENTATIONS/REPORTS

1. SUBJECT: Report by Staff on Senior Services Programs and Events

RECOMMENDATION: That the Senior Services Commission receive and file the report.

DISCUSSION: Recreation Coordinator Jorge Cruz reported 2,420 home delivered meals and 1,665 congregate meals were served in November while 1,895 home delivered meals and 1,613 congregate meals were served in December. 140 seniors attended the Senior Holiday Celebration. Holiday activities included: Oxnard police officers hosted a special Colonia Senior Center breakfast, providing seniors with a meal and gifts; Palm Vista offered free gift wrapping; a collaboration between Colonia Library, Colonia Senior Center, and Oxnard Housing supported La Posada event; senior participants and commissioners participated in the Christmas Parade; SOC held a tamale-making class; and a senior excursion went to Sinatra and Friends. Upcoming: Cafe Nouveau excursion on January 11 and Getty Villa excursion on January 19. We are hosting

a Senior Scam Stopper Seminar with Assemblymember Steve Bennet on January 26.

Recreation Coordinator Matt O'Neill reported hosting the annual RSVP Bone Builders holiday party. New Bone Builders Master Trainers are being developed and trained. A TCMBB volunteer recognition is slated for February 8 with new instructor training scheduled for February or March. Walk with RSVP begins its first session this month.

ACTION: Reports were received.

2. SUBJECT: Report by Commissioner Sweetland and Commissioner Owens on Ventura County Area Agency on Aging (VCAAA) Advisory Committee Business
RECOMMENDATION: That the Senior Services Commission receive and file the report.
DISCUSSION: Commissioner Sweetland reviewed general Advisory Council activities. Legacy awards were presented at the last meeting.
ACTION: Report was received.
3. SUBJECT: Ad Hoc Committee Assignments
RECOMMENDATION: That the newest Senior Services Commissioners discuss and choose a 2023 Commission Goals Ad-Hoc Committee on which to serve.
DISCUSSION: Commissioner Calderon was added to the Technology and Monthly Health ad hoc committees in the November meeting. Commissioner Ontiveros would like to be added to the Programming Survey ad hoc committee.
ACTION: Report was received.
4. SUBJECT: Appointment of Two Commissioners to the Ventura County Area Agency on Aging Advisory Council
RECOMMENDATION: That the Senior Services Commissioners recommend to Council two commissioners to sit on the Ventura County Area Agency on Aging Advisory Council.
DISCUSSION: Chair Sweetland and Commissioner Owens currently serve and are willing to continue their service if no other commissioners are willing.
ACTION: Commissioner Montgomery moved to re-appoint Chair Sweetland and Commissioner Owens to continue representing Oxnard on the VCAAA Advisory council. Commissioner Massey Chinae seconded the motion. Motion passed unanimously.
5. SUBJECT: 2024 Senior Services Commission Meeting Calendar
RECOMMENDATION: That the Senior Services Commissioners review and approve the 2024 Commission meeting calendar.
DISCUSSION: Chair Sweetland would like to visit centers for some 2024 meetings. She asked to move the March meeting to SOC and September to Colonia. All other meetings remain at the Oxnard Joslyn Lawn Bowls Clubhouse.

ACTION: Commissioner Owens moved to approve the calendar with noted changes, Commissioner Massey China seconded the motion. Motion passed unanimously.

6. SUBJECT: Election of Officers for the Senior Services Commission

RECOMMENDATION: That the Senior Services Commissioners discuss and elect 2024 officers.

DISCUSSION: Nominations are open for Chair and Vice Chair of the commission.

ACTION: Commissioner Massey China moved to nominate Alice Sweetland as Chair and LaRita Montgomery as Vice Chair. Commissioner Calderon seconded the motion. Motion passed unanimously.

E. AD-HOC COMMITTEE REPORTS

1. SUBJECT: Ad-Hoc Committee Reports on 2024 Commission Goals

RECOMMENDATION: That Senior Services Commission receive and discuss ad-hoc committee reports on carrying-out Commission goals.

DISCUSSION: Matt O'Neill reported the program evaluation surveys are completed. They can be accessed via QR code, but printed surveys will be provided for each center as needed. Commissioner Massey China gave a presentation on Senior Planet and the OATS program, which provides free technology training for seniors.

ACTION: Report was received.

F. REPORT OF THE COMMISSION SECRETARY

Marisue Eastlake reported a Senior Nutrition van for transporting home-delivered meals should arrive soon. SOC flooded during the storms in December; sandbags are now in place to avoid future flooding. Seniors in Motion added two new activities: yoga and "Coffee with a Conversation."

G. COMMISSIONER COMMENTS

Commissioner Calderon suggested SOC sidewalks should be more accessible and easier to navigate for older or disabled patrons. She inquired about providing food or meal services at SOC. Chair Sweetland discussed adding tray favors to the Oxnard meal program and shared information on a program that brings dogs to senior centers.

H. ITEMS FOR FUTURE CONSIDERATION

Agendize continuing ad hoc committee goals from 2023 into 2024. Change title of the walking program to Walk with RSVP for future items. Additional signage for the Wilson Senior Center and better accessibility to centers.

I. ADJOURNMENT

At 11:11 a.m Commissioner Owens moved and Commissioner Massey China seconded adjournment. The motion passed unanimously.

Marisue Eastlake, Secretary

Alice Sweetland, Chairperson

draft



TO: Senior Services Commission

FROM: Marisue Eastlake

DATE: February 13, 2024

SUBJECT: Adoption of 2024 Senior Services Commission goals

RECOMMENDATION

That the Senior Services Commission discuss and adopt goals for 2024.

BACKGROUND

Each year the Senior Services Commission (SSC) discusses potential goals for the coming year and adopts a series of long- and/or short-term goals they wish to achieve.

The goals for 2023 were:

- Enhance the technical abilities of our seniors by teaching them how to use their devices as well as provide classes on how to use available technology;
- Evaluate current programming in the senior centers to determine effectiveness and future needs;
- Highlight monthly health initiatives to educate the senior community; and
- Combat social isolation and encourage the senior community to remain active through the Walk with Ease program.

In 2023, the SSC focused on these goals through a number of ad hoc committees and were able to find a potential technology training source, develop a senior center survey and establish potential monthly health initiatives for center presentations. A neighborhood walking program was also initiated.

Staff recommends the SSC review the 2023 goals to help develop the goals and working plan for 2024.